

The Salinas



School of Dance ANNOUNCES

BALLET BOOT CAMP FOR ADULTS ONLY

Tuesday Nights

10 Week Session \$125.00

Sept. 11, 17, 25

Oct. 9, 16, 23, 30

Nov. 5, 12, 19,

Or \$20 per class– no make ups are available

DETAILS

YOGA OR STRETCH
PANTS, T-SHIRTS
ARE OK FOR CLASS
OR LEOTARD/
TIGHTS

BALLET, JAZZ OR
LIGHT TENNIS
SHOES

STRETCHING
STRENGTHENING
BASIC BALLET
STEPS & EASY,
SHORT
COMBINATIONS

SCULPT DANCER
MUSCLES

REGISTRATION FORM FOR BALLET BOOT CAMP FOR ADULTS ONLY

Name _____ Cell # _____

Address: _____ City/Zip _____

*All adult students must fill out a Liability Release prior to entering class.

Amount paid \$100 Name current student _____